

## कक्षा 4 की समय सारणी

### TIME TABLE OF CLASS 4

Monday सोमवार	Tuesday मंगलवार	Wednesday बुधवार	Thursday बृहस्पतिवार	Friday शुक्रवार	Saturday शनिवार	Sunday रविवार
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	Physical Education
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	Storytelling	Storytelling
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling

**\*Note: Watch live and interact with subject experts on Every Tuesday from 3:00pm – 4:00 pm.**

Please follow the NCERT Facebook Page (<https://www.facebook.com/ncertofficial/>) for the topics of session.

You can watch the live sessions through NCERT Official You tube channel:

<https://www.youtube.com/channel/UCT0s92hGjqLX6p7qY9BBrSA>

To see the exact timings of the programmes:

[https://swayamprabha.gov.in/index.php/program/current\\_se/26](https://swayamprabha.gov.in/index.php/program/current_se/26)

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**\*Watch Live programmes on every Tuesday at 3:00 pm to 4:00 pm**

**\*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**



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## Transmission Schedule for November, 2021

Subject	Title / Topic	Duration (HH:MM:SS)	Medium
<b>Monday, November 1, 2021</b>			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:19:19	Hindi
EVS	Hu-tu-tu, Hu-tu-tu	0:21:41	English
English	Unit 1: Wake up	0:25:24	English
CWSN	बजाओ खुद का बनाया बाजा	0:06:03	ISL
CWSN	Alice in Wonderland	0:11:17	ISL
CWSN	Going to Buy a Book Part 1	0:12:34	ISL
<b>Tuesday, November 2, 2021</b>			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi
हिन्दी	पाठ 11 :पढ़कू की सूझ	0:20:52	Hindi
EVS	The Valley of Flowers	0:21:38	English
English	Unit 1: Neha's Alarm clock	0:28:18	English
CWSN	Going to Buy a Book Part 2	0:08:39	ISL
CWSN	Hellen Keller	0:13:28	ISL
CWSN	The Scholars Mother Tongue	0:16:50	ISL
<b>Wednesday, November 3, 2021</b>			
पर्यावरण अध्ययन	पाठ 10: हू तू तू हू तू तू	0:16:37	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:24:23	Hindi
Mathematics	Chapter 10 : Play with Patterns	0:21:40	English
English	Unit 2: Noses	0:15:22	English
CWSN	The Truth Balloon	0:04:22	ISL
CWSN	दूर देश की बात भाग 2	0:08:37	ISL
CWSN	फ़ौजी वहीदा	0:18:10	ISL
<b>Thursday, November 4, 2021</b>			
पर्यावरण अध्ययन	पाठ 11: फुलवारी	0:25:37	Hindi

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हिन्दी	पाठ 11 : पढ़कू की सूझ	0:21:27	Hindi
Mathematics	Chapter 11 : Tables and Shares	0:33:47	English
English	Unit 2: The Little Fir Tree	0:20:34	English
CWSN	कोशिश हुई कामयाब	0:12:22	ISL
CWSN	खिड़की से	0:15:44	ISL
CWSN	हु तू तू: हु तू तू भाग 1	0:10:13	ISL
<b>Friday, November 5, 2021</b>			
गणित	पाठ 12: कितना भारी कितना हल्का	0:27:15	Hindi
हिन्दी	पाठ 12 :सुनीता की पहिया कुर्सी	0:24:47	Hindi
Mathematics	<b>Chapter 12 : How Heavy? How Light?</b>	<b>0:24:12</b>	<b>English</b>
English	Unit 3 : Run & Nasruddin's Aim	0:22:26	English
CWSN	हु तू तू: हु तू तू भाग 2	0:10:39	ISL
CWSN	ओमना का सफर	0:12:21	ISL
<b>Saturday, November 6, 2021</b>			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi
Storytelling	टर्म टू भाग 4	0:24:03	Hindi
Mathematics	Chapter 10 : Play with Patterns	0:21:40	English
Storytelling	टर्म टू भाग 5	0:22:22	Hindi
CWSN	पानी कहीं ज़्यादा कहीं कम-1	0:16:03	ISL
CWSN	नंदिता मुंबई में भाग 2	0:10:36	ISL
CWSN	बसवा का खेत	0:11:09	ISL
<b>Sunday, November 7, 2021</b>			
Physical Education	पोषण, स्वास्थ्य और स्वच्छता	0:06:39	Hindi
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Storytelling	टर्म टू भाग 6	0:22:54	Hindi
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Storytelling	टर्म टू भाग 7	0:23:24	Hindi
CWSN	चू-चू करती आई चिड़िया	0:24:01	ISL
<b>Monday, November 8, 2021</b>			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi

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हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:19:19	Hindi
EVS	Changing Times	0:28:45	English
English	Unit 1: Wake up	0:25:24	English
CWSN	मिलकर खाएं भाग 2	0:09:51	ISL
CWSN	कैसे-कैसे बदले घर भाग 2	0:10:23	ISL
CWSN	मिलकर खाएं भाग 2	0:18:42	ISL
<b>Tuesday, November 9, 2021</b>			
गणित	पाठ 12: कितना भारी कितना हल्का	0:27:15	Hindi
हिन्दी	पाठ 11 :पढ़कू की सूझ	0:20:52	Hindi
EVS	Hu-tu-tu, Hu-tu-tu	0:21:41	English
English	Unit 1: Neha's Alarm clock	0:28:18	English
CWSN	अनीता की मधुमक्खियां भाग 2	0:13:22	ISL
CWSN	बदलते परिवार	0:15:52	ISL
<b>Wednesday, November 10, 2021</b>			
पर्यावरण अध्ययन	पाठ 12: कैसे कैसे बदले घर	0:27:19	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:24:23	Hindi
Mathematics	Chapter 11 : Tables and Shares	0:33:47	English
English	Unit 2: Noses	0:15:22	English
CWSN	कैसे-कैसे बदले घर भाग 1	0:14:00	ISL
CWSN	चटपटी पहेलियाँ!	0:12:43	ISL
<b>Thursday, November 11, 2021</b>			
पर्यावरण अध्ययन	पाठ 10: हू तू तू, हू तू तू	0:16:37	Hindi
हिन्दी	पाठ 11 :पढ़कू की सूझ	0:21:27	Hindi
Mathematics	Chapter 12 : How Heavy? How Light?	0:24:12	English
English	Unit 2: The Little Fir Tree	0:20:34	English
CWSN	अनीता की मधुमक्खियां भाग 1	0:09:49	ISL
CWSN	पहाड़ों से समुंद्र तक	0:15:03	ISL
CWSN	फुलवारी	0:20:21	ISL
<b>Friday, November 12, 2021</b>			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi

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हिन्दी	पाठ 12 :सुनीता की पहिया कुर्सी	0:24:47	Hindi
Mathematics	Chapter 10 : Play with Patterns	0:21:40	English
English	Unit 3 : Run & Nasruddin's Aim	0:22:26	English
CWSN	नंदू हाथी	0:18:11	ISL
CWSN	मन के भोले-भाले बादल	0:09:24	ISL
CWSN	कौन	0:08:52	ISL
<b>Saturday, November 13, 2021</b>			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi
Storytelling	टर्म टू भाग 8	0:24:06	Hindi
Mathematics	Chapter 11 : Tables and Shares	0:33:47	English
Storytelling	टर्म टू भाग 9	0:22:43	Hindi
CWSN	स्वतंत्रता की ओर भाग 1	0:16:42	ISL
CWSN	स्वतंत्रता की ओर भाग 2	0:19:35	ISL
<b>Sunday, November 14, 2021</b>			
Physical Education	Growing up Healthy	0:04:11	English
Physical Education	स्वस्थ बढ़ना	0:04:20	Hindi
Storytelling	टर्म टू भाग 10	0:24:42	Hindi
Physical Education	Nutrition, Health & Sanitation	0:06:21	English
Physical Education	पोषण, स्वास्थ्य और स्वच्छता	0:06:39	Hindi
Storytelling	टर्म टू भाग 11	0:22:57	Hindi
CWSN	मुफ्त ही मुफ्त भाग 2	0:15:26	ISL
CWSN	पापा जब बच्चे थे भाग 1	0:14:44	ISL
CWSN	उलझन/एक साथ तीन सुख	0:06:06	ISL
<b>Monday, November 15, 2021</b>			
गणित	पाठ 12: कितना भारी कितना हल्का	0:27:15	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:19:19	Hindi
EVS	The Valley of Flowers	0:21:38	English
English	Unit 1: Wake up	0:25:24	English
CWSN	थप्प रोटी थप्प दाल	0:22:52	ISL
CWSN	बजाओ खुद का बनाया बाजा	0:06:03	ISL

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<b>Tuesday, November 16, 2021</b>			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi
हिन्दी	पाठ 11 :पढ़कू की सूझ	0:20:52	Hindi
EVS	Changing Times	0:28:45	English
English	Unit 1: Neha's Alarm clock	0:28:18	English
CWSN	Going to Buy a Book Part 1	0:12:34	ISL
CWSN	Going to Buy a Book Part 2	0:08:39	ISL
<b>Wednesday, November 17, 2021</b>			
पर्यावरण अध्ययन	पाठ 11: फुलवारी	0:25:37	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:24:23	Hindi
Mathematics	Chapter 12 : How Heavy? How Light?	0:24:12	English
English	Unit 2: Noses	0:15:22	English
CWSN	The Scholars Mother Tongue	0:16:50	ISL
CWSN	The Truth Balloon	0:04:22	ISL
CWSN	दूर देश की बात भाग 2	0:08:37	ISL
<b>Thursday, November 18, 2021</b>			
पर्यावरण अध्ययन	पाठ 12: कैसे कैसे बदले घर	0:27:19	Hindi
हिन्दी	पाठ 11 :पढ़कू की सूझ	0:21:27	Hindi
Mathematics	Chapter 10 : Play with Patterns	0:21:40	English
English	Unit 2: The Little Fir Tree	0:20:34	English
CWSN	फ़ौजी वहीदा	0:18:10	ISL
CWSN	कोशिश हुई कामयाब	0:12:22	ISL
CWSN	खिड़की से	0:15:44	ISL
<b>Friday, November 19, 2021</b>			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi
हिन्दी	पाठ 12 :सुनीता की पहिया कुर्सी	0:24:47	Hindi
Mathematics	Chapter 11 : Tables and Shares	0:33:47	English
English	Unit 3 : Run & Nasruddin's Aim	0:22:26	English
CWSN	हु तू तू: हु तू तू भाग 1	0:10:13	ISL
CWSN	हु तू तू: हु तू तू भाग 2	0:10:39	ISL

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Saturday, November 20, 2021			
गणित	पाठ 12: कितना भारी कितना हल्का	0:27:15	Hindi
Storytelling	टर्म टू भाग 12	0:21:29	Hindi
Mathematics	Chapter 12 : How Heavy? How Light?	0:24:12	English
Storytelling	टर्म टू भाग 13	0:23:36	Hindi
CWSN	पानी कहीं ज़्यादा कहीं कम-1	0:16:03	ISL
CWSN	नंदिता मुंबई में भाग 2	0:10:36	ISL
Sunday, November 21, 2021			
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Storytelling	तुम्हारी कहानियां : डोमी की चप्पलें भाग 1	0:12:46	Hindi
Physical Education	Growing up Healthy	0:04:11	English
Physical Education	स्वस्थ बढ़ना	0:04:20	Hindi
Physical Education	Nutrition, Health & Sanitation	0:06:21	English
Storytelling	तुम्हारी कहानियां : डोमी की चप्पलें भाग 2	0:14:11	Hindi
CWSN	चू-चू करती आई चिड़िया	0:24:01	ISL
Monday, November 22, 2021			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:19:19	Hindi
EVS	Hu-tu-tu, Hu-tu-tu	0:21:41	English
English	Unit 1: Wake up	0:25:24	English
CWSN	पानी कहीं ज़्यादा कहीं कम-3	0:09:24	ISL
CWSN	मिलकर खाएं भाग 2	0:09:51	ISL
CWSN	कैसे-कैसे बदले घर भाग 2	0:10:23	ISL
Tuesday, November 23, 2021			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi
हिन्दी	पाठ 11 :पढ़कू की सूझ	0:20:52	Hindi
EVS	The Valley of Flowers	0:21:38	English
English	Unit 1: Neha's Alarm clock	0:28:18	English

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CWSN	मिलकर खाएं भाग 2	0:18:42	ISL
CWSN	दुनियां मेरे घर में	0:18:46	ISL
<b>Wednesday, November 24, 2021</b>			
पर्यावरण अध्ययन	पाठ 10: हू तू तू, हू तू तू	0:16:37	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:24:23	Hindi
Mathematics	Chapter 10 : Play with Patterns	0:21:40	English
English	Unit 2: Noses	0:15:22	English
CWSN	बदलते परिवार	0:15:52	ISL
CWSN	पोचमपल्ली	0:15:30	ISL
CWSN	कैसे-कैसे बदले घर भाग 1	0:14:00	ISL
<b>Thursday, November 25, 2021</b>			
पर्यावरण अध्ययन	पाठ 11: फुलवारी	0:25:37	Hindi
हिन्दी	पाठ 11 :पढ़कू की सूझ	0:21:27	Hindi
Mathematics	Chapter 11 : Tables and Shares	0:33:47	English
English	Unit 2: The Little Fir Tree	0:20:34	English
CWSN	चटपटी पहलियाँ!	0:12:43	ISL
CWSN	पहाड़ों से समुंद्र तक	0:15:03	ISL
<b>Friday, November 26, 2021</b>			
गणित	पाठ 12: कितना भारी कितना हल्का	0:27:15	Hindi
हिन्दी	पाठ 12 :सुनीता की पहिया कुर्सी	0:24:47	Hindi
Mathematics	Chapter 12 : How Heavy? How Light?	0:24:12	English
English	Unit 3 : Run & Nasruddin's Aim	0:22:26	English
CWSN	नंदू हाथी	0:18:11	ISL
<b>Saturday, November 27, 2021</b>			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi
Storytelling	तुम्हारी कहानियां : सच बोलो	0:13:33	Hindi
Mathematics	Chapter 10 : Play with Patterns	0:21:40	English
Storytelling	टर्म टू भाग 1	0:22:58	Hindi
CWSN	कौन	0:08:52	ISL
CWSN	स्वतंत्रता की ओर भाग 1	0:16:42	ISL

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CWSN	स्वतंत्रता की ओर भाग 2	0:19:35	ISL
<b>Sunday, November 28, 2021</b>			
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Physical Education	Growing up Healthy	0:04:11	English
Physical Education	स्वस्थ बढ़ना	0:04:20	Hindi
Storytelling	टर्म टू भाग 2	0:22:00	Hindi
Physical Education	Nutrition, Health & Sanitation	0:06:21	English
Storytelling	टर्म टू भाग 3	0:21:54	Hindi
CWSN	मुफ्त ही मुफ्त भाग 1	0:16:40	ISL
CWSN	मुफ्त ही मुफ्त भाग 2	0:15:26	ISL
CWSN	पापा जब बच्चे थे भाग 1	0:14:44	ISL
<b>Monday, November 29, 2021</b>			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:19:19	Hindi
EVS	Changing Times	0:28:45	English
English	Unit 4 : Alice in Wonderland	0:18:27	English
CWSN	बजाओ खुद का बनाया बाजा	0:06:03	ISL
CWSN	Alice in Wonderland	0:11:17	ISL
CWSN	Going to Buy a Book Part 1	0:12:34	ISL
<b>Tuesday, November 30, 2021</b>			
गणित	पाठ 12: कितना भारी कितना हल्का	0:27:15	Hindi
हिन्दी	पाठ 11 :पढ़कू की सूझ	0:20:52	Hindi
EVS	Hu-tu-tu, Hu-tu-tu	0:21:41	English
English	Unit 4 : Alice in Wonderland	0:18:27	English
CWSN	Going to Buy a Book Part 2	0:08:39	ISL
CWSN	Hellen Keller	0:13:28	ISL
CWSN	The Scholars Mother Tongue	0:16:50	ISL

**\*The channel timings begin at 12 midnight and it will be repeated every 2.30 hours daily for approximately 10 times to make it 24x7 channel**

**\*Watch Live programmes on every Tuesday at 3:00 pm to 4:00 pm**

**\*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**



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